1. Fold the fabric
Fold the narrow upper and lower edges of the fabric so that the edges are parallel.

2. Position the connecting pieces
Place the larger plastic parts (with EDAG logo facing downwards) **under** the fabric, with the fastener facing outwards.

Place the smaller plastic pieces **on** the fabric, close to the edge (one on the left and one on the right). The latches on the smaller parts must point **downwards**.

3. Clip matching parts together
The two parts are now joined together by applying slight pressure and clamping the fabric between the two parts of the mask holder.

4. Attach rubber bands
Using the eyelets provided, attach the rubber bands to the larger connecting piece. This enables the mask to be secured behind the ears.

5. That’s it!
You can now wear your self-assembled EDAGmask4all. If the mask is either too tight or too loose, the connection can be taken apart and re-positioned. Optionally, you can manually stretch the rubber band.

6. Stay healthy!
Why should I wear the mask?
The important thing is to protect yourself, and most particularly others. Whenever we sneeze, speak or breathe out with any force, we distribute tiny droplets of saliva around us. These droplets can travel up to 2 metres, and carry potential pathogens. If we are in contact with other people, it is easy to infect them. Particularly if we are unable to keep a distance of 1.5 metres away from others, e.g. in narrow supermarket aisles or on staircases, we put ourselves and others at risk. High-risk patients in particular need our protection. If we wear a mask, it will slow down the air we breathe out and absorb any fluids we might release.

Does the mask offer me complete protection?
Unfortunately no. The mask will, however, reduce the spread of the droplet infection and, above all, protect others. To a certain degree, the filter function of the mask will also protect the wearer. This measure reduces the risk of infection. However, it cannot generally rule out infection.

How do I put the mask on properly?
1. Carefully wash and disinfect your hands.
2. Make sure that the fabric is not damaged or dirty, and is dry.
3. Hold the mask with the inside facing towards you.
4. To put the mask on, pull the rubber bands over your ears, making sure that your nose and chin are covered.

What do I need to bear in mind when using it?
1. Once you have put it on, do not touch the mask again until you take it off.
2. Thoroughly wash your hands before and after taking the mask off.
3. Change the fabric regularly (at least once a day).
4. The fabric of the mask and the holders must be cleaned thoroughly (see below).
5. The fabric must be stored in a dry, clean place.

What fabrics can I use?
The fabric should be breathable and washable at 60°C. This includes, for example, bed sheets, cotton cloths, old T-shirts, tea towels or, of course, the medical polyester fabric included in the set.

How do I clean/disinfect the fabric and holders?
The fabric should be machine washed at 60°C. Alternatively, you can wet it and put it in the oven at 80° for 5 minutes or in the microwave at the highest setting for 2 - 4 minutes. For health reasons, no chemicals should be used when cleaning the fabric. There is no need for chemicals to disinfect it. The holders can be disinfected with alcohol or standard disinfectants. It can also be thoroughly cleaned with soap.